opportunity

provider and

employer.

Shrewsbury High School Date: October 17-21	
Station:1-2	Papa Gino Pizza w/Crinkle Cut Fries and Orange Wedges
Station:3-4	"SHS Mashed Potato Bowl
Station: 6-7	Made to Order Deli
Station:8-9	Made to Order Taco Bar
Grab and Go	Chicken Caesar Salad Plate / Assorted Sandwich w/Fruit
Grab and Go	Chicken caesar salad hate / Assorted sandwich wyfrait
TUESDAY	
Station:1-2	Chicken Patty Sandwich served w/Chips and Apples
Station:3-4	Pasta Bar w/ Alfredo Sauce(with option of chicken & broccoli)or Meat Sauce served w/ Wheat Rolls
Station:6-7	Premade to Order Deli
Station:8-9	Made to Order Taco Bar
Grab and Go	Chicken Caesar Salad Plate / Assorted Sandwich served w/Fruit
WEDNESDAY	
Station:1-2-3	BBQ Pork Sandwich served w/ Crinkle Cut Fries
Station:3- 4-5	Monti's Pizza w/ Crinkle Cut Fries and Pears
Station:6-7	Made to Order Deli
Station:8-9	Made to Order Taco Bar
Grab and Go	Chicken Caesar Salad Plate / Assorted Sandwich served w/Fruit
THURSDAY	
Station:1-2	Dominos served w/ Crinkle Cut Fries and Apples
Station:3-4-5	Nachos w/ Toppings (Cheese Sauce, Sour Cream, Salsa, Black Olives, Avocado, Cilantro, and Tomato)
Station: 6-7	Premade Deli Sandwiches
Station:8-9	Made to Order Taco Bar
Grab and Go	Chicken Caesar Salad Plates / Assorted Sandwich served w/ Fruit
FRIDAY	
Station:1-2	Grilled Chicken Sandwich served w/ Lettuce, Tomato, Cheese, and Chips
Station:3-4	Twin Hot Dogs served w/ Fries
Station:6-7	Made to Order Deli
Station:8-9	Made to Order Taco Bar
Grab and Go	Assorted Salad Plates / Assorted Sandwich Boxes served w/ Fruit
Grab and Go	7.6501 tea Salaa Flates / 7.6501 tea Saliawich Boxes Served w/ Frait
Reduced Lunch\$.40	MEALS INCLUDE: ASSORTED MILK, FRUIT and VEGETABLE BAR
Lunch \$3.75	Juices , Vegetables, Grain and Proteins
	ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE
	Check our Soup Du Jour Selections
LICDA is on a sure!	SOUP AND SALAD COMBO \$3.75
USDA is an equal	High School menu posted at schools.shrewsburyma.gov/foodsvc

Email Comments and Suggestions to:

mricker@shrewsbury.k12.ma.us

Please call the cafeteria Manager at your school if you have questions about food ingredients or allergens

Allergens or gluten free choices